

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
07:30		Warm Up	Warm Up	Warm Up	Warm Up
08:30		Frühstück	Frühstück	Frühstück	Frühstück
09:30		TT Training	TT Training	TT Training	Check Out
10:00	Check In	TT Training	TT Training	TT Training	TT Training
11:00	Begrüßung	TT Training	TT Training	TT Training	TT Training
12:00	Mittagessen	Mittagessen	Mittagessen	Mittagessen	Mittagessen
13:00	Warm- Up	Regeneration	Regeneration	Regeneration	Regeneration
14:00	TT Training	Kleinfeld- Fussball	Beach- VB / Biketour	TT Turnier	freies TT Training
15:00	TT Training	Kleinfeld- Fussball	Beach- VB / Biketour	TT Turnier	freies TT Training
16:00	Cafe & Kuchen	Cafe & Kuchen	Cafe & Kuchen	Cafe & Kuchen	Cafe & Kuchen
17:00	Fitness	Regeneration	Fitness	Feldenkrais	Abreise
18:00	Abendessen	Abendessen	Abendessen	Abendessen	
19:00	TT Training	Schwimmbad/Sauna	freies TT Training		
20:00	TT Training	Schwimmbad/Sauna	freies TT Training		
21:00					